

# Melton Primary School Newsletter

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Monday 16th March, 2020

## WE ARE MELTON PRIMARY SCHOOL

### WE ARE ACTIVE LEARNERS

- ✓ We will have a go and try our best.
- ✓ We reflect on our learning and seek to improve.
- ✓ We ask questions to clarify our understanding.
- ✓ We are persistent and determined to succeed.
- ✓ We are punctual and prepared.
- ✓ We take pride in our work.
- ✓ We listen attentively.
- ✓ We are resilient and use a range of strategies to solve problems.

### WE RESPECT OTHERS

- ✓ We are polite.
- ✓ We are friendly, honest and caring.
- ✓ We are accepting and inclusive.
- ✓ We have self-control.
- ✓ We listen to others and use words that show respect.
- ✓ We follow rules and accept outcomes for our behaviour.
- ✓ We are grateful.

### WE ARE SAFE

- ✓ We make safe choices.
- ✓ We listen and follow instructions.
- ✓ We are cyber safe.
- ✓ We walk within the classroom.
- ✓ We use equipment appropriately.
- ✓ We follow road safety rules.
- ✓ We are sun smart.

### WE ARE SUPPORTIVE

- ✓ We are understanding and encourage others to do their best.
- ✓ We give feedback and positive reinforcement.
- ✓ We listen, collaborate and work well in teams.
- ✓ We aim to build positive relationships.
- ✓ We are sympathetic to the needs of others.

# From the Principal's desk

Dear Parents/Guardians,

## **Coronavirus updates and the impact on our normal school operations.**

Thank you to all of the members of our community for your understanding as we manage our school operations in light of the coronavirus. I receive daily updates from DET and will continue to provide families with information via Compass and Class Dojo so please continue to read these posts. If your child has a cold or cold symptoms then we encourage you to please keep them home rather than push through. Our staff are planning lessons should we be advised of a school closure.

## **Divisional Swimming Carnival**

Congratulations to all of the students who represented Melton Primary School in the Divisional Swimming Carnival. Our students are to be commended on their efforts and sensational sportsmanship throughout the day. Well done to our students who were successful in gaining a 1st, 2nd or 3rd place. We wish all of our students who now go onto the Regional Swimming Championships on 2nd April all the best. Thank you to Mr Trewavis for his commitment to training our swimming squad. Thank you to Mr Carty Cowling for his organisation that enabled our students to attend this event. A huge thank you to all of the parents who supported our students on the day, but also took their child to swimming training regularly, we value and appreciate your commitment and support.

## **Planning Week**

Please be advised that this week all teachers will participate in planning week. Each team is allocated one day where they meet together and develop the scaffolding for their term 2 planning. During this week it means that normal specialist programs do not operate at their normal timetable.

# From the Principal's desk

## Do you have a Concern?

Do you have a concern and you not sure how to raise it? **Clarify the issue:** be clear about the topic or issue that you want to discuss, focus on things that are genuinely affecting your child, always remain calm and remember you may not have all of the facts relating to the circumstances of the topic or issue you wish to discuss, think about what would be an acceptable outcome for you and your child, be informed and check DET policies or guidelines (where relevant).

**Contact the school:** Firstly, write a note to **your child's teacher** outlining your concern, make an appointment to speak on the phone or in person with the class teacher—ensure that you inform the school about the issue you wish to discuss, consider speaking to the Primary Welfare Officer—if you feel this would be appropriate. The class teacher together with others involved, should be given a reasonable amount of time to take the steps required to resolve or address your concerns. Remember, it may not always be possible to resolve an issue to your complete satisfaction.

## **Contact a member of the Principal Class:**

Most concerns are resolved by following those steps already outlined. However, if the issue remains unresolved after you have approached your child's teacher then please ensure **you contact the office and make an appointment to see a Principal Class member.**

## **Contact the Regional Office:**

After meeting with the Principal, if you feel your complaint has not been addressed satisfactorily you can contact the relevant regional office. The regional office's responsibility is to ensure that complaints, wherever possible, are resolved at the school level and to ensure that procedures at the school are in accordance with the DET regulatory framework.

Please feel free to contact me via phone, email or in person.

# From the Principal's desk

## Learning Goals

We hope that all of our families are supporting their children in working towards their learning goals. The teachers will be providing feedback to families in relation to your child's achievements towards their goals at the end of term.

## Class Dojo

The staff at Melton Primary School utilise Class Dojo as a communication platform and classroom organisational tool. Teachers are able to communicate individually with families or through a whole class or whole school story. Teachers also allocate points to students for displaying our school agreements. There is the function to take points away, however as a school we do not utilise this component of the platform. The junior teachers generally reward more points and frequency of allocation of points becomes less as the students get older.

## 35 nights Reading is the goal for term 1

As previously advertised 35 nights reading is the goal for term 1. How is your child tracking? We are now past ½ way through the term. With 20 school days left, students will need to read on the weekend if they already have 5 nights reading.

## End of term

The end of term is approaching fast. **Students will finish term 1 on Friday 27th March at 2:30pm.** If you are unable to collect your child/ren at this time, please ensure that you make alternate arrangements for their care.

Vanessa Harrison  
Principal

# Key Dates for Term 1, 2020

## March

- 19th Harmony Day Activities
- 20th Summer Sports Lightning Premiership
- 24th Western Region Swimming Carnival (selected students)
- 26th Grades 3-6 Athletics Carnival
- 27th Student Learning Goals are live on Compass
- 27th Last day term 1 - **students finish at 2:30pm**



**Please log into Compass and provide permission for all of the events listed above relevant to your child/ren.**

# Key Dates for Term 2, 2020

## April

- 14th First Day of term 2
- 14th Swimming Program commences
- 15th Grade 3-6 Cross Country
- 20th Grade 5 & 6 Cyber Safety Incursion
- 20th Parent information night - Cyber Safety
- 23rd Grade 5 Soccer Tournament - selected students
- 27th - 1st Performing Arts Incursion for all year levels
- 27th - 1st Book Fair in the library

## May

- 6th MPSSA District Cross Country - selected students
- 12th Naplan testing for Grade 3 & 5 students
- 13th Naplan testing for Grade 3 & 5 students
- 14th Naplan testing for Grade 3 & 5 students
- 20th 2021 Foundation Open Evening
- 21st STEAM Family Night 3:30pm

Premier's Active April is part of the Victorian Government's commitment to promote healthy, active lifestyles and get Victorians to join in the fun of increased physical activity.

In this section, you can learn all about [How Active April Works](#) and meet our [Supporters](#). We have [Resources](#) to help you stay on track throughout April and beyond. Plus, it's easy to spread the word at your school and in your community with downloadable marketing materials on the [Promoting Active April](#) page. If you have any questions, please check out our [FAQs](#).

# OFFERS

It'll be fun and easy to stay active this April with a great range of [Special Offers](#), [My Offers](#) and [Prizes](#) available to all Premier's Active April participants.

There is a great range of prizes for individuals, families, early learning centres, schools and workplaces so there are plenty of reasons to get involved. Explore all of the amazing incentives below, or check out the [FAQs](#) for any key questions above the competitions and the [My Offers](#) feature.



## Register Today

<https://www.activeapril.vic.gov.au/>

# 2021 Sibling Enrolments

Do you have a child starting Foundation in 2021?

Please pop past the office and collect an enrolment form to secure your child's enrolment at Melton Primary for 2021.

Our Foundation classes fill fast, so please act now.

We will be beginning transition activities during Term 3.



# Announcement

## Camps, Sports, Excursion Fund (CSEF) \$\$\$\$

Families holding a valid means-tested concession card or temporary foster parents are eligible to apply. There are two categories that must be met 1. Eligibility and 2. Be of school age and attend a Victorian School. \$125 per year is paid for eligible primary school students. Payments are made directly to the school and are tied to the student. Victorian Government Prep students (in 2020) who are CSEF recipients are also automatically eligible for uniform support through State Schools Relief. To be eligible for the fund, a parent or legal guardian of a student attending a registered Government Victorian primary school must:

- on the first day of Term one, or;
- on the first day of Term two;
- a) Be an eligible beneficiary within the meaning of the State Concessions Act 2004, that is, be the holder of a Veterans Affairs Gold Card or be an eligible Centrelink Health Care Card (HCC) or Pensioner Concession Card (PCC) holder, OR
- b) Be a temporary foster parent, and
- c) Submit an application to the school by the due date.

Parents who receive a Carer Allowance on behalf of a child, or any other benefit or allowance not income tested by Centrelink, are not eligible for the CSEF unless they also comply with one of (a) or (b) above.

Families who received CSEF funds in 2019 do not need to apply again unless your circumstances have changed or you have moved schools. **New students to Melton Primary must apply.** Application forms are available from the office. **Application forms should be completed and lodged with schools by 1st April 2020**, as payments are made from March. However schools will be able to accept and process applications up until the end of term two each year. If you have not yet received a form and believe that you are eligible for this benefit, please contact the office.

Melton Primary School

Helping Hands

SILVER COIN DRIVE



Starting 2nd March 2020

Dear families,

We are asking families to support the School by sending any loose change they can spare: 5c, 10c, 20c, and 50c pieces with their child/ren to place into their grades money container.



All donations must be placed in the grades money container by 9.00am on Thursday 26<sup>th</sup> of March.

The grade who has collected the greatest amount of money will be notified will receive a treat of a special afternoon tea on a day that is convenient to the winning grades classroom teacher!

We thank you for your support.

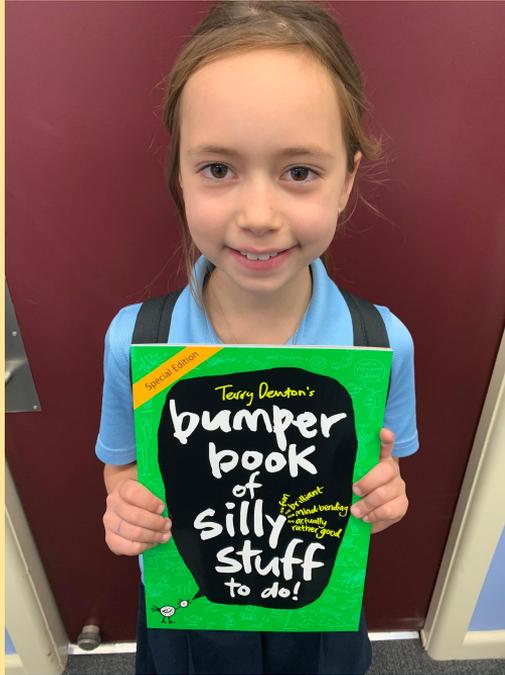


Fundraising from last year went towards the upgrade to the front of the school garden area.



Please be advised that items advertised in this newsletter may be impacted due to social distancing. Please ensure that you check the websites or contact the organiser to confirm if the event is continuing.

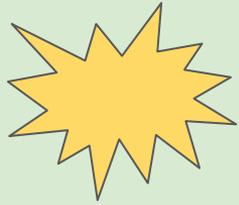
# School Banking program.



Congratulations to the following students for receiving a banking prize;  
**Ruby 3C and Charlotte 2A**



School Banking is also a great fundraiser for our school. Our school receives \$5 when a student makes their first ever School Banking deposit and 5% on every deposit made through the school (to a maximum of \$10 per individual deposit).



# Attendance



Congratulations to the following Grades for their ongoing fantastic attendance for  
25th February - 9th March:

**Foundation A**

**6B**

**3C**

Congratulations to the most improved Grades for their attendance for  
25th February - 9th March:

**3D**

A reminder if your child is going to be away you can enter an absence via the COMPASS app or telephone  
9753 5335, select option 1, and leave a message.

# Attendance

## MPS Tips on improving your child's Attendance!

**Tip 1:** Do not provide inappropriate excuses for your child to miss school. Do not let them take time off from school for minor ailments- particularly those which prevent you from going to work.

**Tip 2:** Set good examples and enforce rules. Speak well of the school and support school staff.



### 18 OR MORE DAYS

- Excused and unexcused absences represent lost time in the classroom and lost opportunities to learn.
- Missing just one day every two weeks can add up to 18 days in a year. Absences add up before you even know it.



### 10 TO 17 DAYS

- Students who are absent an average of 15 days a year miss a year's worth of school before their senior year.
- When students miss a day of school it actually puts them two days behind their classmates.



### 9 OR FEWER ABSENCES

- Students with good attendance generally achieve higher grades and enjoy school more.
- Children benefit and make the most of their educational opportunities if they attend school regularly and on time.

# HELPING WITH EARLY STAGES OF COUNTING



## DOING MATHS TOGETHER AT HOME

### Talking about maths

It is important for children to develop specific language skills related to maths. Visits to the playground, or helping at home, provide rich and meaningful contexts to develop these skills. It might take time for your child to use these terms and language effectively, but exposure to this mathematical talk is a strong support for future learning.

#### Some activities to develop mathematical language:

- » Use specific terms when asking for items. For example, ask your child to get the 'one litre' milk bottle from the fridge, or the 'one kilo' bag of flour from the cupboard.
- » When cooking, talk about different measurements used, such as teaspoons, millilitres, litres, and cups. Discuss ideas about empty and full.
- » As you walk, talk and play together describe your child's movements as they climb 'over' the fence, slide 'between' the poles, and swing 'under' the monkey bars. This helps your child understand language related to spatial awareness.
- » Sorting activities support your child to understand concepts such as 'same' and 'different'. Use recycling as an opportunity to sort items to place in the rubbish. For example, paper, plastic, food waste and general waste.

### Counting

Counting is one of the first experiences of maths for young children.

Learning to say numbers often begins with a favourite song or rhyme and the repetition of the number names. Children will often say the numbers before they visually recognise and identify individual numbers.

#### Here are some activities and tips to engage your child with counting:

- » Listen for the counting sequence in these songs and rhymes, which can all be found on [www.youtube.com](http://www.youtube.com):
  - Five Little Ducks
  - Ten in the Bed
  - 1, 2, 3, 4, 5, Once I Caught a Fish Alive
  - Ten Green Bottles
  - Five Little Monkeys
  - 1, 2, Buckle My Shoe
- » Children will begin by counting all objects in a group, for example fingers and toes, the buttons on their clothes, steps to the house, or their toys.
- » As children move on to counting a set of objects, they begin to link each object with one number. In the beginning, encourage your child to touch each object as they say the matching number.
- » When beginning to count a group of objects, children may need to arrange the objects in a line to help them count. Later they will be able to start counting from any object without arranging the objects.

Play along at home. Using the letter R take turns at answering the challenges below.

**THINK  
QUICK**

R

**THINK  
QUICK**

Something in the  
shape of a rectangle

*(noun)*

A sport

*(noun)*

A word with  
3 syllables

A word to describe  
a taste

*(adjective)*

A flavour of ice-cream

*(noun)*

A girl's name

*(proper noun)*

# Grade 3 and 4 Sleepover

Our Grade 3/4 Sleepover was a massive success! All the children had the time of their lives. Seeing the smiles on most of their faces throughout the time made all the preparations and hard work worth it. A huge thank you to Mr Roberts and Mrs Coward for organising the event. An additional thanks to the rest of the teachers for helping out and taking the time to run the activities and supervise the students.



## TEAM BUILDING ACTIVITIES



## ARTS + CRAFT



## SAUSAGE SIZZLE



# Grade 3 and 4 Sleepover

We would also like to thank all the parents who came to help set up in the afternoon and collect items during the morning! We loved having you there as part of our experience.



## MOVIES



## SCAVENGER HUNT





# Grade 5 - Camp Experience



Our recent Camp/Sleepover at school proved again to be a very successful one. The days consisted of 'jam' packed activities ranging from team building exercises, a 'Billy cart' incursion, sporting games and activities, a Melton's got talent show and a trek to Mick's Jump N' Play on the Friday.

The Grade 5 team were delighted with the behaviour of our students and will sure to be remembered by all involved.

An extended thankyou must go out to all staff who gave up their own beds for the night, although this proved tougher than expected (LOL) and for all teachers who assisted over the two days including cooking both dinners and breakfast, setting up tents and general supervision. Mr McCabe you definitely hold the world record for your tent expertise! The highlights of Camp was having the lovely duo in Mrs Magnano and Ms Allan stay up well beyond her bedtime, Mrs Quinlan 'rocking' up at 5.30am on the Friday to assist with breakfast and to some of our students who were up at 3.30am on the Friday morning ready for breakfast. What an experience it was and again a big thank-you to all staff and our school community for their support in making this possible.



# Melton Minis

What is Melton Minis?

Melton Minis is a program that is run by Mrs Sutherland for any younger siblings of enrolled students at MPS. No age is too young. We complete a different activity each week so if you can't come each week it's ok.

Melton Minis will be running again in 2020. It will be held in the Auslan/Art room at 2:00pm until 3:00pm on the following timetabled Friday afternoons.

Term 1 dates:

~~Friday 7th & Fri 14th Feb, Friday 6th March and Friday 20th March~~



## AFTER SCHOOLIGANS

Mondays during school term • 4-5pm  
Melton Library

Tuesdays during school term • 4-5pm  
Caroline Springs Library

There will be something different to do every week! It could be art, craft, games, literary or STEM related activities. Ages 5-12. Bookings essential.

# WHAT'S ON IN THE COMMUNITY

## ANZAC Day dawn service - Melton

Next date: Saturday, 25 April 2020 | 06:00 AM to 07:00 AM

Members of the public are invited to join us for a dawn service on ANZAC Day as we commemorate, reflect and remember the brave men and women who past and present have served Australia in conflicts and peace keeping missions.

The Dawn Service will take place at the Cenotaph on High Street Melton at 6am.

March will commence at 9:45am, starting from the corner of High and Alexandra Streets, go down high street and conclude at the Melton Cenotaph.



## When

Saturday, 25 April 2020 | 06:00 AM - 07:00 AM

## Location

Cenotaph , 232 High street, Melton 3337 [View Map](#)



## READING BUDDIES

Tuesdays • 4-5pm  
Caroline Springs Library

Thursdays • 4-5pm  
Melton Library

Read for fun, read together! New readers are invited to team up with our teenage Reading Buddies each week to share stories and the love of reading. Ages 5-11. Bookings essential.

# Dream Big Festival

Next date: Saturday, 04 April 2020 | 03:00 PM to 08:30 PM

Join us at the Dream Big Festival 2020 for a range of free activities from 3pm including arts, sport, marketplace, food, live music and performances. This is a family friendly event with free entry and activities for all ages. There will be lots to see and do, so come along with the family for a fun day in the Mt Carberry Reserve in Melton South, we look forward to seeing you there!



## When

Saturday, 04 April 2020 | 03:00 PM - 08:30 PM

## Location

Mount Carberry Reserve & Melton South Community Centre, 41 Exford Road, Melton South 3338 [View Map](#)

# Meet Wandi: the dingo who fell from the sky

Next date: Saturday, 21 March 2020 | 01:00 PM to 02:00 PM

Want to meet a dingo up close?

Hear the incredible story of Wandi, the alpine dingo who was dropped from the sky by an eagle.

Discover the history of local hunting clubs and their relationship with dingoes and the work of the Dingo Discovery Sanctuary.

Supported by Melton Family History Group.

[Bookings essential](#)



## When

Saturday, 21 March 2020 | 01:00 PM - 02:00 PM

## Location

Melton Library & Learning Hub, 31 McKenzie Street, Melton 3337 [View Map](#)

## Lauren Spark: under pressure

Next date: Monday, 16 March 2020 | 06:30 PM to 08:00 PM

Lauren Spark is a Western Bulldogs star juggling a second career as a local schoolteacher and a Daughters of the West ambassador.



How does she do it?

Be inspired by her career journey and learn some tips on how to flourish under pressure.

All ages.

[Bookings essential](#)

### When

Monday, 16 March 2020 | 06:30 PM - 08:00 PM

### Location

Caroline Springs Library, 193-201 Caroline Springs Blvd, Caroline Springs 3023 [View Map](#)

## Flavour Fest

Next date: Saturday, 21 March 2020 | 12:00 PM to 09:30 PM

Big flavours, Sweet sounds.  
Hot talent!

**When:** Saturday 21 March

**Where:** Frontier Oval, Frontier Avenue, Aintree (Rockbank)



Discover a delicious blend of fiery, sweet and smokey sensations at Flavour Fest 2020 – A food & music festival celebrating community, culture and cuisine. Featuring live music from Australia's favourite bands, a tasty line-up of celebrity chefs & live cooking demonstrations, as well as delicious International food served from Melbourne's favourite eateries.

Sweet Alley | Brew Zone | Live acoustic music & DJ shows | Giant Ferris Wheel & Rides | Free kids crafts and interactive experiences | Fireworks finale.

Visit [Flavour Fest](#) for more information.

Become a VIP! Follow the event on [Facebook](#) and [Instagram](#) to stay up to date with the latest Flavour Fest VIP updates.

# SCHOOL HOLIDAY FUN!

\*CHECK THE MELTON LIBRARY WEBSITE FOR DETAILS



## **SUPERHERO DRAWING WORKSHOP – GIRL POWER!**

Tuesday 31 March • 12.30–2pm Caroline Springs Library

Thursday 2 April • 11.30am–1pm Melton Library

Draw your favourite female superhero - manga style with local artist Sandra Pelly. Using textas and fine liners, children will start with simple sketches and build up to their own full-colour superhero. Bring your own female superhero to sketch/paint or make up your own imaginary hero at the workshop. Ages 8-12. Bookings essential.



## **LEGO MINDSTORMS**

Thursday 9 April • 1-3pm

Caroline Springs Library

Let's have some fun with our Lego Mindstorms EV3 robots. We'll be programming commands directly into Driving Base robots to test out their capabilities. Please note: We are unable to accommodate younger siblings during these sessions. Ages 10-15. Bookings essential.



## **GIRL-POWERED CIRCUS WORKSHOPS**

Monday 30 March • 10.30am–12.30pm  
Melton Library

Friday 3 April • 10.30am–12.30pm  
Caroline Springs Library

Join Women's Circus performers in this inclusive circus workshop which challenges children to try new tricks. Children of all genders will be supported to feel safe and confident. Ages 5-12. Bookings essential.



### SCIENTWISTS BUBBLEMANIA

Tuesday 7 April • 10.30-11.30am  
Caroline Springs Library

Wednesday 8 April • 10.30-11.30am  
Melton Library

Make your own fascinating bubble making machine to take home, then sculpt bubbles and finish with some GIANT bubble magic. Ages 4-6. Younger children cannot be accommodated. Bookings essential.



### SLIME WORKSHOP

Monday 30 March • 2-3pm  
Melton Library

Friday 3 April • 2-3pm  
Caroline Springs Library

Slime, glorious slime! Here is your chance to whip up some slime to squish, stretch, probe, poke and play with. Ages 6-12. Younger children cannot be accommodated. Bookings essential.



### STOP MOTION ANIMATION WITH LEGO

Tuesday 31 March • 10.30-11.30am  
Caroline Springs Library

Thursday 2 April • 2-3pm  
Melton Library

Use your imagination and get creative with Lego! You will learn to use traditional and modern methods to bring a short story to life through animation. Ages 7-14. Younger children cannot be accommodated. Bookings essential.



### #SQUADGOALS: FAMILY FUN WITH TECH

Tues 7, Wed 8, Thurs 9 April  
9am-5pm • Caroline Springs Library

Join Western BACE STEM Squad for fun and interactive activities with technology. For girls and boys aged 6 - 12 years. Adults might learn a thing or two as well! Book to ensure a place. (Walk-ups welcome)



### COOK UP A BOOK

Wednesday 1 April • 2.30-3.30pm  
Caroline Springs Library

Monday 6 April • 2.30-3.30pm  
Melton Library

We have an edible science experiment and it's a cracker! Together, we will record and publish our own sweet recipe booklet. Take home the spoils, yum! Strictly ages 6-12. Younger children cannot be accommodated. Bookings essential.



### SCIENTWISTS SUPER SLEUTH

Tuesday 7 April • 12.15-1.45pm  
Caroline Springs Library

Wednesday 8 April • 12.15-1.45pm  
Melton Library

For those who like forensic science! Participants use fingerprints, chromatography, codes and DNA to help solve the most devious of strawberry theft crimes. Ages 7-14. Younger children cannot be accommodated. Bookings essential.

# SCHOOL HOLIDAY FUN



### DUCK CAMERON MAGIC SHOW

Monday 6 April • 11.30am-12.30pm  
Diggers Rest Community Hall

Thursday 9 April • 11.30am-12.30pm  
Eynesbury Discovery Centre

Duck Cameron has captivated audiences with his spectacular comedy and illusion show, keeping everyone on the edge of their seats. Duck will also teach basic but fun magic. Suitable for all ages. Bookings essential for each adult and child.



### BRING A CHARACTER TO LIFE WITH TOONWORLD

Thursday 23, 30 April / 7, 14, 21, 28 May  
5.30-6.15pm • Melton Library

Go drawing mad! Toonworld is a space to encourage, empower, educate and entertain kids through interactive drawing workshops. Come on a journey filled with creativity and challenges, meet fun characters and design your own heroes. Ages 6-12. Younger children cannot be accommodated. Bookings essential.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>16 March. <b>Mums &amp; Bubs Fitness</b> 9.30am: Eynesbury Discover Centre</p> <p><b>Mindset &amp; Movement</b> 10.00am: Bridge Road Community Centre</p> <p><b>Teens Get Active – Boxing</b> 4.30pm: Caroline Springs Leisure Centre</p> <p><b>Senior Female Footy Come &amp; Try</b> Diggers Rest Football Netball Club 6.00pm: Diggers Rest Recreation Reserve</p>	<p>17 March. <b>Express HIIT (30 minutes)</b> 9.45am: Botanica Springs Community Centre</p> <p><b>Soccer Come &amp; Try</b> Satellite City United Soccer Club 5.30pm: Kurunjang Recreation Reserve</p> <p><b>Women's Soccer Fitness</b> Melton Phoenix Football Club 7.00pm: MacPherson Park</p>	<p>18 March. <b>Golf Skills</b> 9.45am &amp; 5.00pm: Melton Golf Club <i>No equipment required</i></p> <p><b>Senior Female Footy Come &amp; Try</b> Diggers Rest Football Netball Club 5.30pm: Diggers Rest Recreation Reserve</p> <p><b>Cricket Come &amp; Try</b> Eynesbury Cricket Club 5.00pm: MR Carberry Recreation Reserve</p>	<p>19 March <b>Seniors' Self Defence</b> 9.30am: Taylors Hill Youth &amp; Community Centre</p> <p><b>Yoga in the Park</b> 6.30pm: The Willows</p> <p><b>Women's Soccer Fitness</b> Melton Phoenix Football Club 7.00pm: MacPherson Park</p>	<p>20 March <b>Mums &amp; Toddler Yoga</b> 9.30am: Fraser Rise Community Centre</p>	<p>21 March <b>Futsal Come &amp; Try</b> 11.00am: Caroline Springs Leisure Centre</p> <p><b>Toolern Creek parkrun</b> Everyone welcome 8.00am: Toolern Creek Park (Bridge road Athletics Track)</p>
<p>23 March. <i>This Girl Can Week</i> <b>Mums &amp; Bubs Fitness</b> 9.30am: Eynesbury Discover Centre</p> <p><b>Mindset &amp; Movement</b> 10.00am: Bridge Road Community Centre</p> <p><b>Teens Get Active – HIIT</b> 4.30pm: Caroline Springs Leisure Centre</p> <p><b>Mum/Daughter Come &amp; Try Footy</b> 5.30pm: Arnolds Creek Recreation Reserve</p>	<p>24 March. <b>Express HIIT (30 minutes)</b> 9.45am: Botanica Springs Community Centre</p> <p><b>Let's Dance</b> 11.00am: Kurunjang Community Hub</p> <p><b>Women's Soccer Fitness</b> Melton Phoenix Football Club 7.00pm: MacPherson Park</p>	<p>25 March. <b>Wayapa Meditation</b> 7.00pm: Botanica Springs Community Centre</p>	<p>26 March. <b>Teens Get Active – Zumba</b> 4.30pm: Taylors Hill Youth &amp; Community Centre</p> <p><b>Boxing in the Park</b> 6.00pm: The Willows</p> <p><b>Women's Soccer Fitness</b> Melton Phoenix Football Club 7.00pm: MacPherson Park</p>	<p>27 March. <b>Mums &amp; Toddler Yoga</b> 9.30am: Fraser Rise Community Centre</p>	<p>28 March. <b>Toolern Creek parkrun</b> Everyone welcome 8.00am: Toolern Creek Park</p> <p><b>Self Defence</b> <i>Limited spaces – bookings essential!</i> 9.00am-12.00pm: Kurunjang Community Hub <b>Bookings:</b> <a href="http://bit.ly/TGCSelfDefence">http://bit.ly/TGCSelfDefence</a></p> <p><b>Rugby Union Come &amp; Try</b> Melton Warriors &amp; Western Districts Rugby Union 10.00am Frontier Recreation Reserve Aintree</p>
<p>30 March. <b>Mums &amp; Bubs Fitness</b> 9.30am: Eynesbury Discover Centre</p> <p><b>School Holiday Mums &amp; Kids Hip Hop</b> 11.00am: Arnolds Creek Community Centre</p>	<p>31 March. <b>School Holiday Express HIIT (30 minutes, kids welcome)</b> 9.45am: Botanica Springs Community Centre</p> <p><b>Women's Soccer Fitness</b> Melton Phoenix Football Club 7.00pm: MacPherson Park</p>	<p>1 April. <b>Boxing for all abilities</b> 10.00am: Caroline Springs Town Centre Sports Precinct</p>	<p>2 April. <b>Active April Fun Day</b> <i>All family members welcome</i> 10.00am-1.00pm: Arnolds Creek Rec Reserve</p> <p><b>Women's Soccer Fitness</b> Melton Phoenix Football Club 7.00pm: MacPherson Park</p>	<p>3 April. <b>Mums &amp; Toddler Yoga</b> 9.30am: Fraser Rise Community Centre</p>	<p>4 April. <b>Toolern Creek parkrun</b> Everyone welcome 8.00am: Toolern Creek Park (Bridge road Athletics Track)</p> <p><b>Get Active – drop in session</b> 9.00am-12.00pm: Bridge road Athletics Track</p>
<p>6 April. <b>Mums &amp; Bubs Fitness</b> 9.30am: Eynesbury Discover Centre</p> <p><b>Come &amp; Try Hockey</b> Caroline Springs Hockey Club 7.00pm: Bridge Road Recreation Reserve</p>	<p>7 April. <b>School Holiday Express HIIT (30 minutes, kids welcome)</b> 9.45am: Botanica Springs Community Centre</p> <p><b>Women's Soccer Fitness</b> Melton Phoenix Football Club 7.00pm: MacPherson Park</p>	<p>8 April. <b>School Holiday Mums &amp; Kids Karate</b> 10.00am: Kurunjang Community Hub</p> <p><b>Wayapa Meditation</b> 7.00pm: Botanica Springs Community Centre</p>	<p>9 April. <b>School Holiday Mums &amp; Kids Yoga</b> 2.00pm: Frontier Park Pavilion Aintree</p> <p><b>Teens Get Active – Yoga</b> 4.30pm: Taylors Hill Youth &amp; Community Centre</p> <p><b>Women's Soccer Fitness MPFC</b> 7.00pm: MacPherson Park</p>	<p>10 April. Good Friday</p>	<p>11 April. Easter Saturday <b>Toolern Creek parkrun</b> Everyone welcome 8.00am: Toolern Creek Park (Bridge road Athletics Track)</p>

## This Girl Can in the city of Melton

THIS  
GIRL  
CAN

Women are invited to get inspired and be active during 4 weeks of free activities. Rock up to as many activities as you like. Bring your friends and kids.

Activities will run: 16 March-11 April

For more information contact Mia Lobé  
97477200 or like us:  
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# Market Day

March 28th | 9am - 2pm

100 Coburns Rd, Melton South



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