

JC'S Catering for Healthy Kids

Menu - 2023



Order online by downloading

Flexischools App

ORDERS MUST BE PLACED BY 9.30AM

****Keep an eye on Flexischools for Canteen Specials****

HOT FOOD

Hot Dog	\$ 4.80
Mash & Gravy	\$ 5.00
Chicken Burger	\$ 5.50
Meat Pie	\$ 4.80
Sausage Roll	\$ 4.80
Party Pie	\$ 1.50
Dim Sim	\$ 1.50
Wedges	\$ 5.00
Spaghetti	\$ 5.50
Nuggets	\$ 1.20
Pizza	\$ 5.00

(Margarita/Hawaiian/Meat Lovers)

Noodles	\$ 2.00
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(Chicken/Mi Goreng)

Quiche	\$ 5.50
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(Vegetarian/Ham & Cheese)

SNACKS

Popcorn	\$ 1.00
Red Rock Deli Chips	\$ 2.50
(Honey Soy/Sweet Chilli & Sour Cream)	
Snaps Chips	\$ 1.50
(BBQ/Light & Tangy)	
Lolly Muffins	\$ 1.00
Plain Muffin	\$ 1.00

DRINKS

Chill J	\$ 2.50
(Raspberry/Grape/Watermelon)	
Juice Bomb	\$ 2.50
(Apple Raspberry/Grape/Watermelon/ Apple)	
Blackcurrant/Orange Passio)	
Nippy's Milk	\$ 3.00
(Strawberry/Chocolate)	
Focus Sportswater	\$ 2.50
(Raspberry/Blackcurrant)	
Water	\$ 2.00

MEALS

Chicken Schnitzel/Chicken Parma/Quiche/3 Nuggets	
(Choice of salad or mash and vegies)	\$ 7.00

SANDWICHES, ROLLS & WRAPS

	Sandwich	Rolls
Vegemite	\$ 2.50	\$ 3.00
Cheese	\$ 3.00	\$ 3.50
Ham & Cheese	\$ 4.00	\$ 4.50
Salad	\$ 5.00	\$ 5.50
Egg & Lettuce	\$ 4.50	\$ 5.00
Chicken & Cheese	\$ 5.00	\$ 5.50

* Add 80c to sandwich prices for wraps

Hard boiled egg	\$ 1.20
Salad box with cheese	\$ 5.00
Fresh seasonal fruit	\$ 1.20

EXTRAS

Tomato Sauce	\$ 0.40
Gravy	\$ 0.50
Sour cream	\$ 0.50

Class Celebration cupcakes	\$ 25.00
Class Celebration Zooper Doopers	\$ 25.00

FROZEN TREATS

Zooper Dooper	\$ 1.20
Moozie	\$ 2.00
TNT	\$ 2.00
Juicee	\$ 1.50

* The Canteen is open before school, recess and lunchtime

* To order, write your child's name and grade on a paper bag with money inside or order online via Flexischools App

(LUNCH BAGS ARE NOT PROVIDED AND ARE AN ADDITIONAL 20c)

All packaged products are approved by the Healthy Kids Registered Products

Fresh food items are made on premises