

# Melton Primary School Newsletter

P: 9743 5335

E: [melton.ps@education.vic.gov.au](mailto:melton.ps@education.vic.gov.au)

W: <http://www.meltonps.vic.edu.au>

Monday 20th March, 2023

## WE RESPECT OTHERS



- ✓ We are polite.
- ✓ We are friendly, honest and caring.
- ✓ We are accepting and inclusive.
- ✓ We have self-control.
- ✓ We listen to others and use words that show respect.
- ✓ We follow rules and accept outcomes for our behaviour.
- ✓ We are grateful.



# From the Principal's desk

Dear Parents/Guardians,

## Fun Run

There were inflatables, colour and water as the students dodged and weaved their way around the Fun Run course. It was sensational to see all of our students enjoying and trying their best. It was wonderful to see and hear parents and grandparents cheering the students on and even joining in to throw a splash of colour as the students made their way around the oval. A highlight I am sure for all was seeing the staff being slimed! The cheers of laughter and squeals rang out as the students tipped slime on the staff! A special thank you to our engagement team, led by Ms Timpani who organised this event and to all of the staff who assisted with setting and packing up. Congratulations on raising \$32,204.86.

## Swimming Program Term 2 & 3

Term 2 is fast approaching, to assist us in employing enough swimming instructors, please pay and provide permission for our term 2 and 3 swimming program via Compass. If you are wishing to utilise your CSEF funds towards the cost of swimming, please ensure that you contact the office. **It is essential that permission and payment is received by Thursday 6th April.**

## End of term

The end of term is approaching fast. **Students will finish term 1 on Thursday 6th April at 2:30pm.** If you are unable to collect your child/ren at this time, please ensure that you make alternate arrangements for their care.

## Divisional Swimming

Congratulations to all of our students who participated in the Divisional Swimming. You are all champions! You showed great skill and talent as you competed against others in your event. Thank you to Mrs T Jordan for being a wonderful support on the day. We wish the following students all the best as they move onto the next round - Ryan, Zac, Brooklyn, Emmett and Ashlyn all the best. A special thank you to Nikki and Mr CC for their organisation on the day. #meltonpsproud

# From the Principal's desk

## Do you have a Concern?

Do you have a concern and you not sure how to raise it? **Clarify the issue:** be clear about the topic or issue that you want to discuss, focus on things that are genuinely affecting your child, always remain calm and remember you may not have all of the facts relating to the circumstances of the topic or issue you wish to discuss, think about what would be an acceptable outcome for you and your child, be informed and check DE policies or guidelines (where relevant).

**Contact the school:** Firstly, write a note to **your child's teacher** outlining your concern, make an appointment to speak on the phone or in person with the class teacher—ensure that you inform the school about the issue you wish to discuss, consider speaking to the Primary Welfare Officer—if you feel this would be appropriate. The class teacher together with others involved, should be given a reasonable amount of time to take the steps required to resolve or address your concerns. Remember, it may not always be possible to resolve an issue to your complete satisfaction.

## **Contact a member of the Principal Class:**

Most concerns are resolved by following those steps already outlined. However, if the issue remains unresolved after you have approached your child's teacher then please ensure **you contact the office and make an appointment to see a Principal Class member.**

## **Contact the Regional Office:**

After meeting with the Principal, if you feel your complaint has not been addressed satisfactorily you can contact the relevant regional office. The regional office's responsibility is to ensure that complaints, wherever possible, are resolved at the school level and to ensure that procedures at the school are in accordance with the DE regulatory framework.

Please feel free to contact me via phone, email or in person.

Vanessa Harrison  
Principal

# Key Dates for Term 1, 2023

## March

- 22nd Harmony Day - wear orange or traditional clothes
- 24th F-6 Cross Country
- 24th Whole School LIVE assembly
- 28th Regional swimming - selected students
- 28th Leadership Conference - selected students
- 28th Grade 1 Community Walk
- 30th Grade 4 Cultural Experience
- 31st Melton Minis 2pm

## April

- 3rd - 4th Grade 5 Camp
- 6th - Last day of term 1, 2:30pm dismissal.



# Key Dates for Term 2, 2023

## April

- 24th - Term 2 commences
- 24th - Swimming program commences
- 25th - **ANZAC Day - Public Holiday**
- 28th - State Swimming Finals (selected students)

## May

- 2nd - District Cross Country
- 5th - Melton Minis
- 11th - Mother's Day Stall
- 14th - Mother's Day
- 17th - 5/6 Girls AFL
- 19th - House Fun Events
- 23rd - STEM Night 3:20pm - 4:20pm
- 24th - Simultaneous Story Time
- 25th - Divisional Cross Country
- 26th - Winter Lightning Premiership
- 29th - 31st - Grade 6 Camp
- 31st - Foundation Animal Land Excursion
- 31st - Grade 3 Bike Education Excursion

# Term Dates

- Term 1 - 30th January -  
6th April
- Term 2 - 24th April -  
23rd June
- Term 3 - 10th July -  
15th September
- Term 4 - 2nd October -  
20th December



# Curriculum Days

- Term 2 - Tuesday the 13th June
- Term 3 - Friday 11th August
- Term 4 - Monday 6th November  
Wednesday 20th December

## Teacher Professional Practice Days

Thursday 1st June  
Wednesday 22nd November

# is it BULLYING?

When someone says or does something  
*unintentionally* hurtful  
and they do it once, that's  
**RUDE.**

When someone says or does something  
*intentionally* hurtful  
and they do it once, that's  
**MEAN.**

When someone says or does something  
*intentionally* hurtful and they *keep doing it*—  
even when you tell them to stop or show  
them that you're upset—that's  
**BULLYING.**

## If your child talks to you about bullying:

1. **Listen** calmly and get the full story.
2. **Reassure** your child that they are not to blame.
3. **Ask** your child what they want to do about it and how you can help.
4. **Visit** [www.bullyingnoway.gov.au](http://www.bullyingnoway.gov.au) to find some strategies.
5. **Contact** the school.
6. **Check in** regularly with your child.

**BULLYING. NO WAY!**

[www.bullyingnoway.gov.au](http://www.bullyingnoway.gov.au)



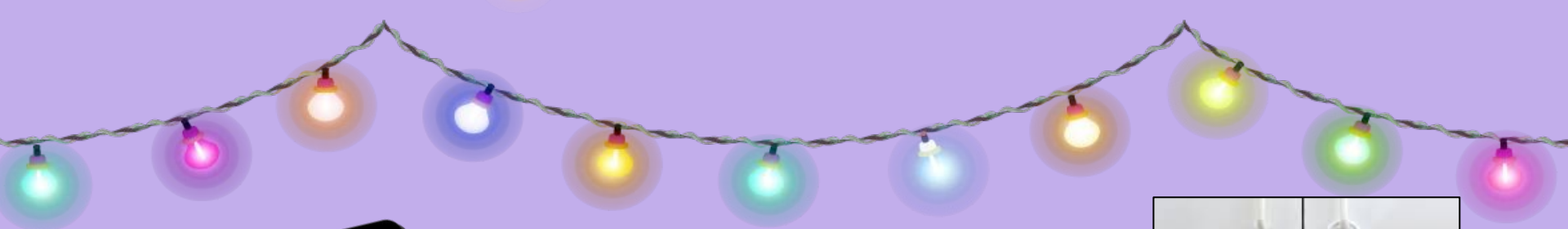
# 35 nights reading is the goal!

All students should have receive their take home readers this week.

Our goal is for every child in the school to read 35+ nights during term ! Reading each night and on weekends counts!

It is simple, listen to your child read, sign their reading diary/school diary and that is one night completed! Repeat 34 more times during the term and your child will receive a merit ribbon from the members of our Principal Class team!





# STEM NIGHT





# Camps, Sports, Excursion Fund (CSEF) \$\$\$

**Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.**

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students

## **HOW TO APPLY**

New applicants should contact the school office to obtain a CSEF application form or download from the website below.



If you applied for CSEF at your child's school last year, **you do not need to complete an application form this year** unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

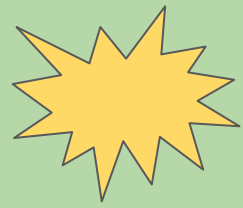
- **new student enrolments**; your child has started or changed schools this year.
- **changed family circumstances**; such as a change of custody, change of name, concession card number, or new siblings commencing this year.

**Applications should be lodged as soon as possible, with schools accepting them until 23<sup>rd</sup> June**

# 15 BENEFITS OF READING TO YOUR CHILD



Improves concentration skills.	1	
	2	Creates a curiosity of the world.
Helps with reading comprehension.	3	
	4	Broadens vocabulary.
Improves language skills.	5	
	6	Helps with pronunciation of words.
Promotes ease in learning.	7	
	8	Develops an imagination.
Inspires.	9	
	10	Entertains.
Assists in cognitive development.	11	
	12	Creates bonding time with parents.
Teaches empathy.	13	
	14	Encourages strong listening skills.
Expands their attention span.	15	



# Attendance



Congratulations to the following Grades for their ongoing fantastic attendance for 6th - 20th March:

4B

6C

OD

It is extremely important if your child is going to be away you enter their absence via the Compass app or telephone 9753 5335, select option 1, and leave a message.





Thank you so much for your support! The MPS community pulled together to raise

**\$32,204.86**

We would love for you to take the time to provide some feedback on our 2023 Fun Run:

<https://forms.gle/YfB3i5qEQbmfaUFm7>





# SCHOOL BREAKFAST CLUBS PROGRAM COOKING CLASSES

MELTON PRIMARY  
THANK YOU &  
CONGRATULATIONS!

Foodbank Victoria, in partnership with the Department of Education and Training, would like to congratulate your school, students and families on successfully completing the Cooking Classes program. We hope the recipes have provided some great inspiration for healthy and delicious meals at home.

We would love to share some highlights of the program with your school community.

During Term 1, the program was delivered in 8 schools. Your school had 27 participants and 40 take home hampers were distributed to participating families to try out the recipes at home.

Families that took part in the program had some great things to say.

Thank you from Foodbank Victoria and the School Breakfast Clubs Program Cooking Classes team — Emma, Myloan, Stephanie, Alice, Jane, Alina



## Favourite Quotes:

"My daughter wouldn't normally eat any of these vegetables but in these pancakes she loved them"

- Parent at Melton P.S

"I don't like fried rice"

- Student continued to eat it straight out of the pan

"My son had never tried tofu until class, when we went to the shops he asked to buy more" - Parent at Melton P.S



To continue exploring all things 'food' - please jump online to find out more. See below for some more inspiration!

### Nutrition Australia

Provides fantastic fact sheets and delicious, easy-to-follow recipes.

[www.nutritionaustralia.org](http://www.nutritionaustralia.org)

### Healthy Eating Advisory Service (HEAS)

Download a free 350+ recipe booklet filled with affordable, fresh recipes!

[www.health.vic.gov.au](http://www.health.vic.gov.au)

### Ceres Community Environment Park

Workshops and courses including: permaculture, small-space gardening, backyard beekeeping and more!

[www.ceres.org.au/education](http://www.ceres.org.au/education)

### Dietitians Australia

Check out DA's Smart Eating Fast Facts and simple, healthy recipes.

[dietitiansaustralia.org.au](http://dietitiansaustralia.org.au)

### VicHealth

Be Healthy is a blog created by VicHealth for people looking for information they can trust on a range of topics, including healthy eating.

[www.vichealth.vic.gov.au](http://www.vichealth.vic.gov.au)

### Cook Well, Eat Well

Brought to you by VicHealth and Nutrition Australia, Cook Well, Eat Well aims to help people create healthy meals at home.

[www.cookwellatewell.org.au](http://www.cookwellatewell.org.au)

### EatforHealth

Easy to understand, printable guidelines, posters and tips for healthy eating.

[www.eatforhealth.gov.au](http://www.eatforhealth.gov.au)



# Grade 1

In Grade 1 we have been learning how to tell the time on analogue and digital clocks. By the end of grade 1, students need to be able to identify o'clock and half past times. It would be great if you could point out clocks in your home and what time you do certain things e.g bed-time, sporting events, wake up etc.

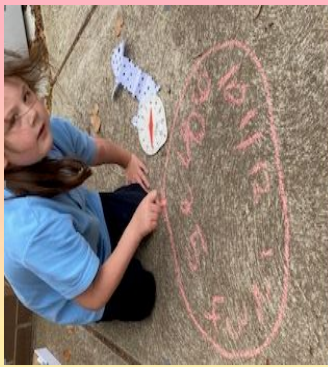
## Reminders:

**Cross Country - Friday 24th March.**

Please ensure you have given your permission via Compass for your child to attend. This event is free.

**Grade 1 Community Walk- Tuesday 28th March**

This is an important event for the students to attend. We will be learning all about natural, constructed and managed features in the local environment. This event is free, but you must provide permission via Compass.



Drawing clocks



Using ICT



Playing games



# Grade 3

## What we have been learning this Term in maths.

This term in maths, we have been learning about place value, repeating patterns, and measurement. We have enjoyed learning about the different value digits have in a number, and the length of different objects.

## Reminders

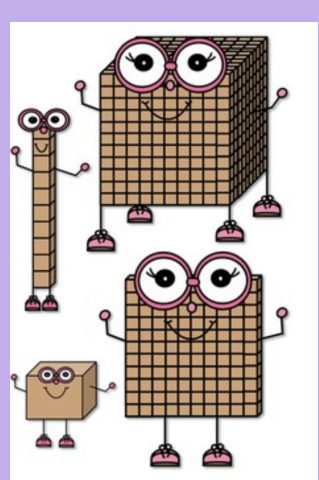
### Cross Country - Friday 24th March.

Please ensure you have given your permission via Compass for your child to participate.



### Home Reading

A reminder that students should be completing their nightly reading. Students must record their reading in their diary.



# Grade 5

Congratulations to our students who have completed their recent NAPLAN assessments. We are incredibly proud of their determination and perseverance!

Our camping experience is fast approaching! Please don't forget to submit forms and make payment! Camp runs on 3rd-4th April 2023.

## Writing

Over the next few weeks, our students will be working on persuasive writing! While at home, you can help develop their persuasive language by asking students to try to convince you when they ask for certain things.

## Reading

Over the next few weeks, our students will be reading the texts, *Voices in the Park* and *My Strange Shrinking Parents*. These texts will be unpacked in depth so why not ask your child about the books and what messages/themes they have.

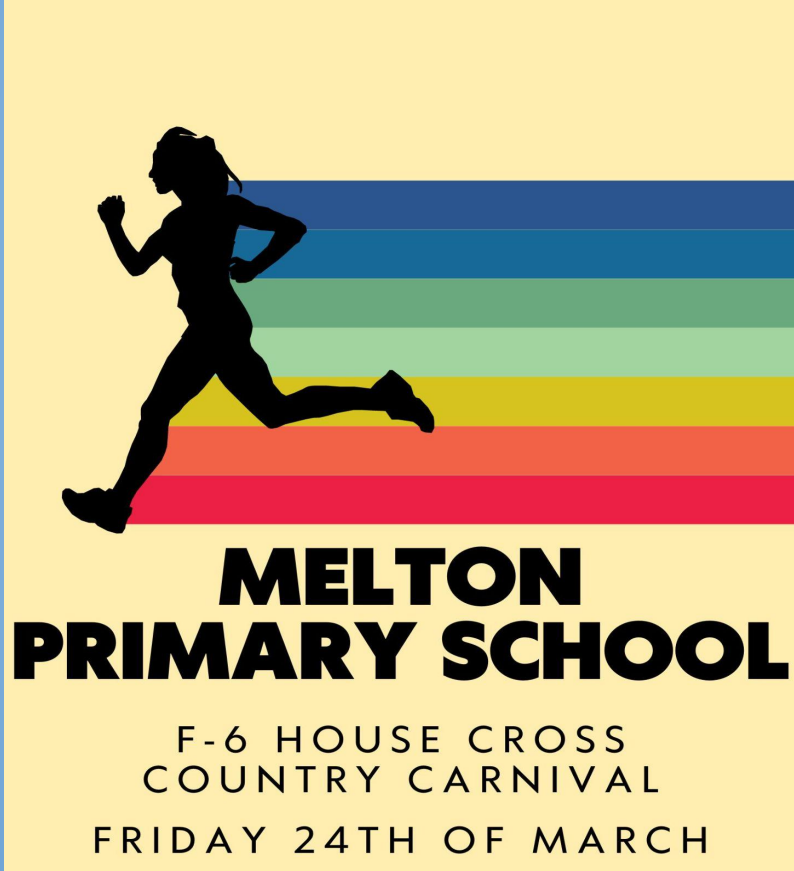


## Maths

We will be learning about area, perimeter and data over the next few weeks. While at home, in the garden or out and about, encourage your child to collect data or find the area/perimeter of areas/objects.



# PhySical Education



# MELTON PRIMARY SCHOOL

FRIDAY 24TH OF MARCH

FRIDAY 24TH OF MARCH

### Things to remember:

- Wear your house colours with pride!
- Wear suitable shoes for running.
- Ask your teacher for some sunscreen before heading out for your run.
- Try your personal best, if you need to take a break and walk that's absolutely fine.
- Safety when running outside school grounds and near roads.
- Encourage and support others.
- Parents and families attending the event will need to sign in.
- This a whole school event, so unfortunately if consent is not given you will have to sit and watch.

\*If you have any questions or concerns about this event, please get in touch with Mr.CC via Class Dojo.

# Sleep Health

Dear Families

While we know sleep is essential for good health, research shows that many children and young people are not getting enough sleep on school nights. This can affect thinking, concentration, memory, reaction times and mood.

Research shows about 12% of primary school-aged children, a quarter of 12- to 15-year-olds and half of 16- to 17-year-olds don't get enough sleep on school nights. **The recommended amount of time to sleep for primary school-aged children is 9 to 11 hours. For teenagers, it's 8 to 10 hours.**

Signs that your child is not getting enough sleep can include:

- low mood and irritability during social interactions
- reluctance or arguing about getting off devices and going to bed
- falling asleep during the day
- difficulties waking up for school and sleeping in late on weekends to catch up
- changes to communicating or interacting at home.

You can help your child to improve their sleep by:

- establishing a regular sleep pattern and consistent bedtime routine
- supporting them to avoid using electronic devices such as smartphones before going to bed and in bed
- encouraging your child to exercise and spend time outside in daylight, steering clear of vigorous activity in the hour before sleep
- encouraging them to wind down and relax before going to bed.

If your child is still having trouble sleeping, has persistent problems with low mood, excessive daytime sleepiness, restlessness in bed, severe snoring or wakening unrefreshed, despite getting adequate length sleep, they should see a doctor.

For more information on sleep health, you can refer to: · Sleep tips for children and Facts about sleep for parents and school staff, from the Sleep Health Foundation · Why sleep is so important, from the Kids Helpline's · Sleep explained, from the Better Health Channel.



**MELTON  
PRIMARY  
SCHOOL**

# **FOUNDATION 2024 OPEN NIGHT**

**4:00PM TUES  
16TH  
MAY**



**SCHOOL  
TOUR**



FOR MORE INFORMATION, CONTACT MELTON PRIMARY 97435335



# **HARMONY DAY** **EVERYONE** *belongs*

**Wednesday 22nd March**  
**Celebrate Harmony Day with us**

**Wear orange or some traditional  
clothing from your culture.**



## Victorian Premiers' Reading Challenge

The Victorian Premiers' Reading Challenge is now open and Melton Primary School is excited to be participating. The PRC application offers a range of exciting features including:

- access to a library catalogue (including book images and blurbs)
- a modern user-friendly interface
- rewarding students with badges as challenge milestones are achieved
- the option for students to mark books as a favourite, give them a star rating or complete a book review

The Challenge is open to all Victorian children from birth to Year 10 in recognition of the importance of reading for literacy development. It is not a competition; but a personal challenge for children to read a set number of books by 8 September 2023.

Children from Prep to Year 2 are encouraged to read or 'experience' 30 books with their parents and teachers. Children from Year 3 to Year 10 are challenged to read 15 books.

All children who meet the Challenge will receive a certificate of achievement signed by the Victorian Premier and former Premiers.

To read the Premier's letter to parents, view the booklist and for more information about the Victorian Premiers' Reading Challenge, visit: <https://www.vic.gov.au/premiers-reading-challenge>



# 8 steps to logging books for the Victorian Premiers' Reading Challenge

<https://www.education.vic.gov.au/about/events/prc/Pages/default.aspx>

1. Click on log in for

School coordinator or student

2. Click on VPRC and insert your child's log in details.

VPRC login

For Government, Catholic, Independent and Home based readers

3. Click on your child's drop down menu from your child's dashboard located in the top left corner



4. From the drop down menu, click on search books



Search Books

5. Enter the title and author, click search. Then locate the book from the list and click the title.

Search for books

All Books ▼

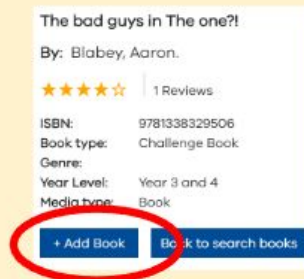
Clear All

Search



## 8 steps to logging books for the Victorian Premiers' Reading Challenge

6. Details of the book will then appear and click add book.



The bad guys in The one?!

By: Blabey, Aaron.

★★★★☆ 1 Reviews

ISBN: 9781338329506

Book type: Challenge Book

Genre:

Year Level: Year 3 and 4

Media type: Book

[+ Add Book](#) [Back to search books](#)

7. Then click Dashboard and you will be taken to your child's dashboard where you will see the book listed. Click Finish



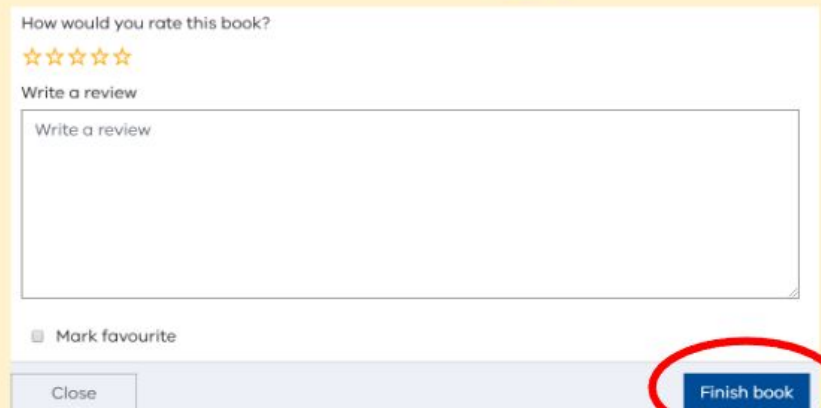
The bad guys in...

[View Details](#)

★★★★☆

[Finish](#)

8. You are then able to rate the book (even write a review if you really want to) and then click finish book.



How would you rate this book?

★★★★☆

Write a review

Write a review

☐ Mark favourite

[Close](#) [Finish book](#)

Teachers will  
verify books  
once they are  
logged.