

Melton Primary School Newsletter

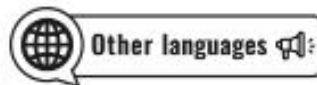
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Monday 27th November, 2023

Carols by Candlelight 2023



Melton City Council warmly invite you to join us for some free festive cheer at the 2023 Carols by Candlelight.

When: Saturday, 2 December 2023

Time: 6.00pm to 9.30pm

Where: Hannah Watts Park, High Street, Melton

Cost: Free



From the Principal's desk

Dear Parents/Guardians,

School Council

On behalf of our school community I would like to thank all of the members of our School Council for their contributions, dedication and support throughout the year. We appreciate the time that the following School Council members put into making themselves available to attend meetings and providing improved outcomes and facilities for our students: Mr Cam Willey- School Council President, Mrs Tiffany Crossland - Vice President, Mr Rohit Nande, Mrs Samantha Corrie, Mrs Chelsea Graham, Mrs Megan Coulson, Mrs Karen Brown, Mrs Bianca Parslow, Ms Sheree Lucas, Mrs Cathy McIntosh, Mrs Emma Sutherland and Mrs Kelly Hunt. The members of School Council have worked hard throughout the year to enhance the facilities, improve the educational standard for your children, advocate for better facilities and supporting our transition to full time onsite learning.

2024 School Structure

We will operate the following specialist programs in 2024:

F-6 will participate in a year of Art/Auslan, STEM (Science, Technology, Engineering & Mathematics), Physical Education and The Arts.

The classroom structures will consist of 3x Foundation classes, 3x Grade 1 classes, 3x Grade 2 classes, 3x Grade 3 classes, 3x Grade 4 classes, 4x Grade 5 classes, 4x Grade 6 classes. We are currently in the process of finalising staffing and allocating grades.

Curriculum Days

Please mark in your diaries that there is no school on the following day this term:

Wednesday 20th December (curriculum day).

From the Principal's desk

¾ Soccer

Congratulations to all of our students in grade 3/4 who participated in the recent soccer tournament. Some games were won, some were lost, but all of our students tried their best. Congratulations to everyone who showed amazing sportsmanship. A special thank you to Ms Fritz and Mrs Blain for your attendance and organisation of this event. Thank you to Mr Gallagher and Ms Coverdale for your organisation of this event.

Headlice

We have had a number of reported cases of headlice, please remember to check your child's hair on a weekly basis.

Take Home Reading Program

Please be advised that our take home reading program will cease on Monday 11th December. The teachers will be keeping the student's reader packs so that they can be handed up to next year's teacher. Please do not stop reading though. We encourage you to read books at home and from the library during December and January.

Christmas Dress Up Day

We are again hosting our annual Christmas Dress Up day. Search your wardrobes, get creative and come dressed festive on Wednesday 13th December.

⅕ Maths Games Day

Congratulations to all of our students who represented Grades ⅕ in the network Mathematics Games Day. In some of the challenges our students placed in the top three and in others they did not place in the top three. Overall our students were placed 4th. A sensational effort! Congratulations to everyone who showed amazing sportsmanship. Thank you to Mr Gallagher and Ms Knight for attending on the day and to Mrs Ward for assisting with the organisation of this event.

From the Principal's desk

Planning for 2024

If you know that your children are not likely to be at Melton Primary in 2023, can you please notify the office so that we do not count them in our enrolment numbers and classes. If you have a Foundation student for 2023, please ensure that you enrol them now so that we can guarantee a position for them.

2024 Book Boxes

School Council is covering the cost of all books and stationery that students will require in 2024. Please ensure that you take time to thank anyone that you know on School Council.

Families are asked to ensure that they provide for their children a school bag, drink bottle, pencil case, library bag and art smock for 2024. If families who wish to donate a box of tissues to the school, it would be greatly appreciated.

Grade 6 Graduation

Next week our Grade 6 students will be participating in their Grade 6 Graduation. This is a night where we celebrate all the Primary School years that these students have participated in. The students enjoy a meal together, before parents join them for the formal presentations. We wish all of the students a wonderful night and thank you to all of the staff for their organization of this event.

End of Term Dismissal

School concludes for 2023 at 1:00pm on Tuesday 19th December. If you will not be available to pick your child up at this earlier dismissal time, we ask that you make alternative arrangements.

Vanessa Harrison
Principal

Key Dates for Term 4, 2023

November

- 27th Grade 5 Health and Human Relations Incursion
- 28th - 29th Grade 3 Camp
- 29th Teeth on Wheels

December

- 1st Grade 1 Party Day
- 1st 3-6 House Fun Events
- 4th Concert USB/DVD orders close
- 6th Grade 6 Graduation Tabcorp Park
- 7th Kinder visit
- 8th F-2 Athletics Carnival
- 8th Melton Minis 2:05pm
- 11th Grade 6 End of Year Celebration Day
- 12th Grade 6 Orientation day to Secondary School
- 12th Foundation 2024 Orientation Day

December

- 13th Christmas Dress Up Day
- 14th Grade 4 End of Year Celebration
- 14th Parent Helpers Thank you Afternoon Tea
- 15th Semester 2 Reports Available
- 15th Melton Show Attendance Reward Day
- 18th School Concert 4:30 pm
- 19th **Last day of school, students finish 1:00pm**
- 20th Curriculum Day - no students at school



Curriculum Days for 2024

Term 1 -

Monday 29th January

Tuesday 30th January - Parent Teacher
Interviews

Term 2 -

Wednesday 29th May - Teacher Professional
Practice Day

Tuesday 11th June

Term 3 -

Friday 16th August

Term 4 -

Monday 4th November

Friday 20th December - last day of the year

2024

2024 will commence with 2 days (1-6), 3 days (F) of individual student testing and parent teacher meetings. All families will be expected to book an appointment for their preferred date and time.

Monday 29th January - Testing/Parent Teacher Interviews

Tuesday 30th January - Testing/Parent Teacher Interviews

Wednesday 31st January - Grades 1-6 commence school
Foundation Testing/Parent Teacher Interviews

Thursday 1st February - Foundation commence school and
finish at 11:40am

Friday 2nd February - Foundation students at school until 11:40
am

Monday 5th February - Foundation students start full days

Every Wednesday for the entire month of February Foundation students are not required to attend - however selected students are given interview times for the English Online and Numeracy Online Assessment on these days.

Sensational Attendance

ATTENDANCE

LAST FORTNIGHT

CONGRATULATIONS

TO THE FOLLOWING GRADES

4C 5A 5B

IF YOUR CHILD IS GOING TO BE AWAY
enter an absence on Compass or
phone 9753 5335 and select 1 to leave a message

**WHEN DO ABSENCES
BECOME AN ISSUE?**


SATISFACTORY
9 or fewer days

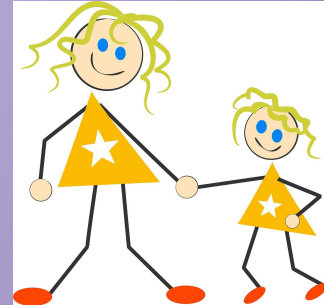
WARNING SIGNS
10 to 17 days

CHRONIC ABSENCE
18 or more days




Foundation Buddies

The Foundation students have been working all year with their buddies completing various activities such as craft, books and learning how to use different apps on the iPads. This has been a great success this year and the students have loved every minute!



GRADE 2 WERRIBEE ZOO EXCURSION



This term the Grade 2's were lucky enough to attend the Werribee Zoo as part of our location and direction unit for Maths. Using our maps we plotted our way around the zoo, while enjoying the spectacular sights of some exquisite animals. The lion cubs were a real crowd pleaser, however I think the safari bus was just about everybody's favourite. Our little trip to the zoo was a huge success.



MELTON PRIMARY SCHOOL

GRADE 4



AWESOME FOURS REPORT ON AWESOME CAUSE!

Over the last few weeks, the grade 4's have been writing persuasive newspaper reports on the topic of improving our school.

Students came up with a range of solutions for upgrading the school such as a running track for the oval, a new computer lab and even a kids cafe, to name a few!

Kids have stopped coming to school and are staying at home because they're worried or have no friends, but 1 Principal and 1 teacher are helping people who are scared want to come to school.

Melton Primary School makes it fun for kids to come to school like the Melton Show or show bags or attending ribbons to go to the Melton Show you need 80% attendance.



Miss Jordan works with children that don't want to come to school. She has a meeting with the child and their parents and makes an individual plan so they might come to school for half a day or just for lunch.

MPS is one of the best school with lots of attendance



This is our Principal Mrs Harrison.



This is Mrs Jordan some people wouldn't be here today if she wasn't working at MPS.

Mrs Jordan said that we really need attendance to keep improving.

Melton Primary School News

MPS needs...class pets! ♡
A recent survey shows that 77% of MPS
♡ students want class pets!

Author: Chelsea Ho

Date of Publication: 10/11/2023



Isabelle, a student at MPS says "Class pets can help you focus on you work and if you are ever feeling sad... class pets could cheer you up! But some people don't agree. Clbe, also a

student at MPS, says "People could be allergic to the pets and become very ill." I think we need class pets because students could learn to take responsible care when having pets and I have found out from Google that class pets can help students calm down and learn to control their own emotions.

Melton Primary School News

"Miserable Melton Mourns for the Coolest Kids Cafe."

Author: Khothen Laithang Date of Publication: 10/11/23



Scientific surveys found that 90% of people said if a kids cafe was introduced to the school, it would not only change history but help humanity...

We've questioned students in grade 4. Lots see how this think.

"It's ok because kids can learn jobs" - Fabian student in 4D

"It's not ok because if they have access, they could trash the canteen" - Brooklyn student in 4D

Grade 6

Poetry

The students have been learning about different types of poetry. These have included limericks, haiku and free verse. We have focused on form, imagery, figurative language and sound devices.

Diving Deep

Going further down in the pool, I swim.
Swimming even until the sky gets dim.
Free without care, I can explore my mind.
Diving through memories of every kind.
I bury myself further into the water, hiding,
With my imagination travelling
with me, guiding.

- Wendy



Snake

My fangs pierce deeply,
To protect I hide myself,
I am cold blooded

- Ryan W

Winter

Drinking hot chocolate
While sitting by the fire
With cozy blankets

- Milly



Autumn

The leaves start to fall
Dancing through the freezing wind
Cool and refreshing
- Charlotte N



THE DANCING MONKEY



There once was a silly monkey.
He was looking very funky.
He had some cool pants,
That made him wanna dance.
Oh, that dancing little monkey.

- Lexi

CITY CRIME

There once was a very green lime
Who liked to commit crime
He robbed a city bank
While driving a big tank
He went to jail without a dime

- Lockie



Reading

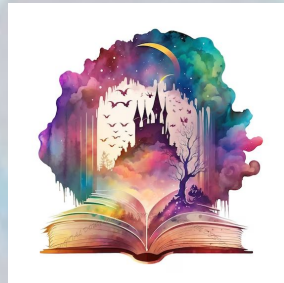


A blood curdling scream
Emerging from the darkness
Deep in the forest.

- Maison P

Millions of places
Use your imagination
Choose your adventure.

- Breanna



Blue
Blue looks like the sky filled with clouds.
Blue sounds like the waves crashing onto the shore.
Blue smells like a field covered with violets.
Blue feels like the raindrops falling from the sky.
Blue tastes like sweet, yummy blueberries.
Blue makes me feel cool and calm on a hot summer's day.

- Ann-Lei

A different world
Bullets ring and screams follow
The world is madness.

- Christian



F-2 JUNIOR ATHLETICS CARNIVAL



Our F-2 House Athletics Carnival is happening on Friday 8th of December !

Approx. start and finish times for year levels, please note these are subject to changes.

Foundation 9am start – 10am finish.

Grade 2's 11am start – 12pm finish.

Grade 1's 12.30pm start – 1.30pm finish.

Students and families are encouraged to come dressed in their house colours.

(*If you are unsure of your child/children's house, please check with their classroom teacher)

Please be aware this is a fun carnival for students to experience a range of modified athletic events, it is not a competition where awards and results are given.

Parents can attend, however they must sign in at the tables near the tennis courts.



Library book returns

The end of year is fast approaching and we need all library books returned as soon as possible thank you. Keep the library bag for next year so the students can borrow again next year.

Mindfulness

is about **purposely paying attention to the present moment** in ways that are helpful for you. **Looking after our mind** can have great positive benefits, both physically and mentally, such as a **reduction in anxiety and stress**. You can practise mindfulness in a formal way by completing meditations/breathing exercises, or in a more informal way by being mindful engaged in your day's activities.



Habits are automated behaviours that we have learned from experience.

Developing daily wellbeing habits will positively impact your mental health and create a sense of wellbeing. They will further develop your resilience skills to help you cope with life's ups and downs.

Creating new habits can be challenging, you need to train your brain. Think about your current daily habits. Do you have a morning routine? What about a pre bedtime routine? **Where could mindfulness fit in?**

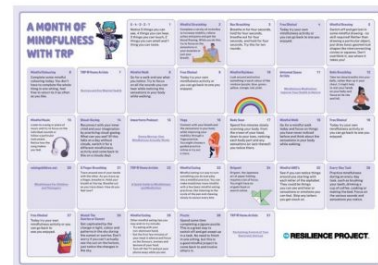
"Few of us ever live in the present. We are forever anticipating what is to come or remembering what has gone."

Louis L'Amour

Month Of Mindfulness



Click on the image below or scan the QR code to gain access to a **month of mindfulness practices and information**.



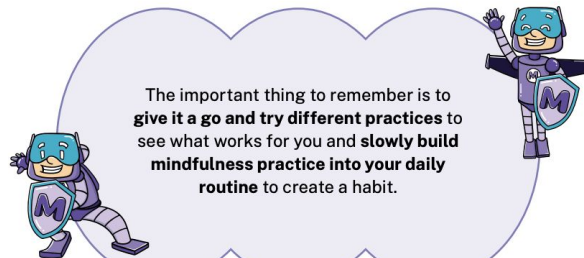
Not all of the activities suggested are considered **formal or traditional** mindfulness, but they **encourage an attitude of mindfulness** which will help you to improve your ability to be present or focused, this aids in the practice of more formal pursuits.

Listen to Martin from The Resilience Project talk about the **importance of Mindfulness**. Something to think about...



- Do you or your family practise mindfulness?
- If so, what do you do?
- If not, how could you incorporate mindfulness into your life?

The important thing to remember is to **give it a go and try different practices** to see what works for you and **slowly build mindfulness practice into your daily routine** to create a habit.



A MONTH OF MINDFULNESS WITH TRP



5 - 4 - 3 - 2 - 1 1
Notice 5 things you can see, 4 things you can hear, 3 things you can touch, 2 things you can smell and 1 thing you can taste.

Mindful Stretching 2
Complete a variety of stretches to increase mobility, relieve aches and pains and get the blood flowing. While you do this, try to focus on the sensations in your muscles or just your breath.



Box Breathing 3
Breathe in for four seconds, hold for four seconds, breathe out for four seconds, and hold for four seconds. Try this for ten rounds.

Free Choice! 4
Today try your own mindfulness activity or you can go back to one you enjoyed.

Mindful Drawing 5
Switch off and get lost in some mindful drawing - no skill required! Rather than drawing a particular object, just draw basic geometrical shapes like interconnecting circles or squares. Don't overthink it, see where it takes you!

Mindful Colouring 6
Complete some mindful colouring today. You don't have to complete the whole thing in one sitting, feel free to return to it as often as you like.

TRP @ Home Article 7

[Devices and Our Mental Health](#)

Mindful Walk 8
Go for a walk and see what you notice. Try to focus on all the sounds you can hear while noticing the sensations in your body while walking.

Free Choice! 9
Today try your own mindfulness activity or you can go back to one you enjoyed.

Mindful Rainbow 10
Look around and notice something in each colour of the rainbow (purple, blue, green, yellow, orange, red, pink).



Untamed Space Article 11

[Mindfulness Meditation: Improve Your Health In Nature](#)

Belly Breathing 12
Take ten deep breaths into your belly, rather than up in your chest. It might help to rest your hands on your belly and focus on its rise and fall.



Mindful Music 13
Listen to a song or piece of music and try to focus on the individual sounds or follow a particular instrument. Notice how the song makes you feel.



Cloud-Gazing 14
Reconnect with your inner child and your imagination by practicing cloud-gazing. What can you see? (If this falls on a day without clouds, switch it for a different mindfulness activity and come back to this on a cloudy day).

Imperfects Podcast 15

[Emma Murray: How Mindfulness Actually Works](#)

Yoga 16
Connect with your breath and the sensations in your body while improving your mobility through a Yoga practice. You might choose a guided practice online or try out a class.



Body Scan 17
Spend five minutes slowly scanning your body, from the crown of your head, down to your toes, noticing each body part and any sensations (or lack thereof) you notice there.

Mindful Walk 18
Go for a mindful walk today and focus on things you have never noticed before and think about the sensations in your body while walking.

Free Choice! 19
Today try your own mindfulness activity or you can go back to one you enjoyed.

raisingchildren.net 20

[Mindfulness For Children and Teenagers](#)

5 Finger Breathing 21
Trace around one of your hands with the other. As you trace up a finger, breathe in. Hold your breath at the top. Breathe out as you trace down. How do you feel now?

TRP @ Home Article 22

[A Quick Guide to Mindfulness and Meditation](#)

Mindful Eating 23
Mindful eating is a way to turn something you do everyday into a mindful practice. You can make mealtimes more mindful with a few basic mindful eating practices, like listening to the sizzle of the pan and chewing slowly to savour every bite.

Origami 24
Origami, the Japanese art of paper-folding, requires a lot of focus. You might have an origami book or search online.



Mindful ABC's 25
See if you can notice things around you starting with each letter of the alphabet. They could be things you can see and hear or sensations or emotions you can feel. Skip any letters you get stuck on.

Every-Day Task 26
Practice mindfulness during an every-day task, such as brushing your teeth, drinking a cup of coffee, cooking or making the bed. Focus on the various sounds and sensations you notice.

Free Choice! 27
Today try your own mindfulness activity or you can go back to one you enjoyed.



Watch The Sunrise or Sunset 28
Get captivated by the change in light, colour and patterns in the sky during the sunset or sunrise. Don't worry if you can't actually see the sun on the horizon, just notice the changes in the sky.

Mindful Eating 29
Other mindful eating tips you may wish to try include:
• Try eating with your non-dominant hand.
• Eat the first few minutes of your meal in silence and focus on the flavours, aromas and texture of your food.
• Turn off the TV and put your phone away while you eat.

Puzzle 30
Spend some time completing a jigsaw puzzle. This is a great way to switch off and get swept up in a task. No need to finish in one sitting, but this is a good mindful project to come back to and involve others in.

TRP @ Home Article 31

[Reclaiming Control of Your Electronic Devices](#)

Premiers' Reading Challenge

Each participant who meets the Challenge receives a certificate of achievement signed by the Premier.

Congratulations to our AMAZING Students and their sensational statistics!

549

Eligible students

549 (100 %)

Students registered

543 (98 %)

Students completed

Books

331 (2%)

Added

19512 (98%)

Finished

19843

Books Read

107

[Books to Review](#)

0 (0%)

[Books to verify](#)

19512 (98%)

Verified books



**Melton
Minis**

Room 7

**story
time**

activities

2:00pm

**All younger
siblings invited**



Remaining term 4
dates:

Friday 8th of
December

School concert-
4:30pm Mon 18th
Dec



Foundation 2024 orientation session

**We look forward to the students
participating in their next
orientation session on:**

**Tuesday 12th of December at
9:00am in the Gymnasium**



If you haven't enrolled yet, it's not too late



WISHING TREE

Melton Primary School 2023

We are once again looking for donations of gifts for our wishing tree. Gifts can be dropped off at the office up until 1st December.

Please ensure gifts are unwrapped and placed in a bag with your family name on it. We will wrap the gift and put a sticker on it.



Christmas Dress Up Day

Wednesday 13th

December

*We will also be holding our
live assembly at 8:50am,
everyone is welcome to attend.*

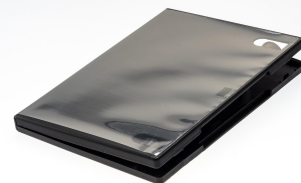


It's Competition time...

MPS Concert DVD Cover



Get your design skills ready. We are looking for a DVD Design for the 2023 MPS School Concert. Your design must include: the year: 2023 and the heading: Melton Primary School



Make sure your entries are handed in to the office by:

**Friday 1st
December 2023**

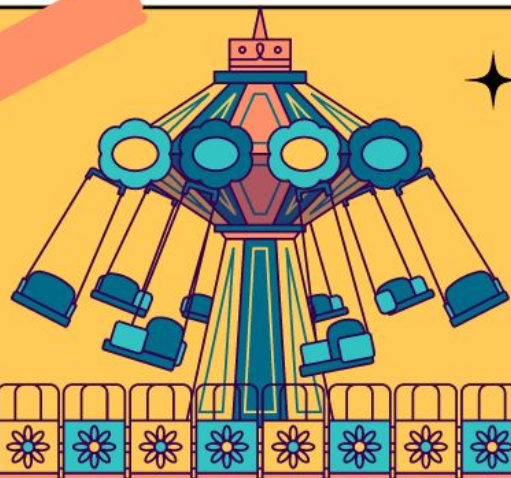
Please make the design A4 size.



ROYAL

MELTON SHOW

GUEST STAR YOU!



GAMES
SHOWBAGS
SLUSHIES
ANIMALS
MUSIC
TATTOOS
PRIZES

ARE YOU READY TO HAVE SOME
FUN?!

FRIDAY 15
DECEMBER 2023

80%
ATTENDANCE

GET TICKET

MELTON PRIMARY SCHOOL



**MONDAY
DECEMBER 18
4.30PM**

**GATES OPEN 4.15PM
CONCERT ON THE OVAL
END TIME: 6PM**

**FOOD TRUCKS AVAILABLE
BYO PICNIC RUGS/CAMP CHAIRS**



MELTON PRIMARY SCHOOL 2023 SCHOOL CONCERT ORDER FORM

The MPS Annual School Concert will be held on Monday the 18th of December at 4.30pm out on the school oval. Encore Videography will be taping our concert again.

These will be available for collection at the beginning of Term One 2024.
Please return your order form and payment to the office by Monday the 4th of December.

No late orders will be accepted..

NAME OF ELDEST STUDENT: _____

GRADE: _____

Please choose if you'd like to order a DVD or USB

DVD

\$15 EACH

☐

of DVD's

USB

\$22 EACH

☐

of USB's



Orders via
Compass
this year!

Please enter through either the Church Street oval entrance or through the gates between the pool and STEAM room via Raleighs Road.

No tickets required. See you there!

FAQ CONCERT

1. **Where is the concert going to be held?**

The concert will be held on the MPS oval. There will be 2 entrances; Church St and Raleighs Rd.

2. **Will it concert be in order from Foundation to Grade 6?**

No, our concert will run in a mixed order. Each grade will be called before their performance

3. **Bring our own chairs?**

Yes please, bring chairs and/or a picnic rug. Chairs/prams must be seated behind the picnic area

4. **Can we bring our own snacks and drinks?**

Yes you can! There will also be coffee trucks, slushies, ice cream and potato twisters available to purchase from! Please note, no alcohol is permitted.



The logo for Beyond Disability Services, featuring the word "Beyond" in a stylized, colorful font with a rainbow gradient, and "DISABILITY SERVICES" in a smaller, black, sans-serif font below it.

DISABILITY SERVICES

Childrens Therapy Program

September – December 2023

- ❖ Hours: 10am – 2pm
- ❖ 5 NDIS hours are charged.
- ❖ Beyond Children's programs are therapy based.

BOOK NOW TO SECURE
YOUR SPOT

- 23rd September
- 30th September – No Program GF
- 7th October
- 14th October
- 21st October
- 28th October
- 4th November
- * 11th November
- * 18th November
- * 25th November
- * 2nd December
- * 9th December
- * 16th December

Programs runs every Saturday with different activities scheduled weekly



What to Bring!

Lunch, snacks & water bottle



\$5 Out of Pocket Expenses – Program
Materials

Art Therapy

Sensory Room

Interactive Sports

Music Therapy

Contact Us

Phone: 0491 086 009

Marina Ivelja:

marina@beyonddisabilityservices.com.au

Kathy Kanati:

kathy@beyonddisabilityservices.com.au