

# Melton Primary School Newsletter

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Monday 28th October, 2024



Djerriwarrh Festival will be back on Saturday 23 November 2024.

## What's On

11.30am:

- Street Parade (This year's theme 'The City We Create')



See Compass for details



# From the Principal's desk

Dear Parents/Guardians,

## **Foundation 2025**

In the last fortnight we welcomed our Foundation students for 2025 for their first orientation session. It was wonderful to see their enthusiasm, bravery and willingness to engage in lessons. If your child is not yet enrolled, please contact the office as it is not too late to enrol.

## **Planning for 2025**

Planning for 2025 has now commenced. Apart from students in Grade 6, **if you know that your child/ren are not likely to be at Melton Primary in 2025**, can you **please notify the office** so that we do not count them in our enrolment numbers and classes. If you have a Foundation student for 2025, please ensure that you enrol them now so that we can guarantee a position for them. Shortly our staff will be asked to commence the process of determining student classes for 2025. This is a long process where many things are taken into consideration - academic ability, student behaviour, students with additional needs, friendship groups and wellbeing. If you have any special considerations, other than those listed above, you can put them in writing addressed to the **Principal and delivered to the office by Thursday 31st October**. Your considerations will be viewed and examined, but there is no guarantee that your request will be approved. A great deal of time is spent ensuring that grades are created equally and fairly by and for all staff. It is therefore school policy that once grades have been formed, that lists are not altered without the approval of a Principal Class member of staff.

## **2025 Book Boxes**

School Council is covering the cost of all books and stationery that students will require in 2025. Please ensure that you take time to thank anyone that you know on School Council.

Families are asked to ensure that they provide for their child/ren a school bag, drink bottle, pencil case, library bag and art smock for 2025. If families who wish to donate a box of tissues to the school, it would be greatly appreciated.

# From the Principal's desk

## World Teachers' Day

On the 25th of October, we celebrated World Teachers' Day. Melton Primary is extremely fortunate to have amazing teachers who put the students first, provide exceptional learning opportunities and work well above their hours of employment. Thank you to all of the families who took the time to say thank our teachers for their support, encouragement, guidance, passion and commitment to making Melton Primary the best school.

## Grade 6 Graduation

Students in Grade 6 who have 80% attendance and have displayed our school agreements, will be invited to participate in the Grade 6 Graduation on Wednesday 6th December at Melton Entertainment Complex. Families are now able to purchase tickets to attend the event. Please see the communication that was sent out to you via Compass on how to purchase tickets.

## Public Holidays and Curriculum Days

Please mark in your diaries that there is no school on the following days this term:

**Monday 4th November** (curriculum day), **Tuesday 5th November** (public holiday) and **Friday 20th December** (curriculum day).

## Students at school prior to 8:15am

A friendly reminder to parents/careers that students who are at school prior to 8:15am should be placed in before school care or they should be supervised by parents in the yard. Unfortunately we have had an increased number of students at school prior to 8:15am who are unsupervised. Staff are required to start work at 8:18am and the teachers are on yard duty from 8:30am.

Vanessa Harrison  
Principal

# Key Dates for Term 4, 2024

## October

31st - Foundation Fire Brigade Visit

## November

1st -  $\frac{3}{4}$  T20 Cricket selected students

1st - Melton Minis 2:05pm

**4th - Curriculum Day**

**5th - Melbourne Cup Holiday**

6th - Foundation 2025 Orientation session 2

7th - Grade  $\frac{5}{6}$  Maths Games Day - selected students

7th - Foundation & Gr 1 First Aid Incursion

8th - Grade 2 Werribee Zoo excursion

8th - Melton Minis 2:05pm

11th - Remembrance Day

11th - Grade 5 Health and Human Relationships

13th - Writing Workshops - selected students

14th - Uniting Kindergarten visit to MPS

15th - Grade 1 Party

16th - Melton Minis 2:05pm

18th - Grade 5 Health and Human Relationships

## November

18th - Grades 2 - 4 Cyber Bullying Incursion

18th - Grade 5 Health and Human Relationships

22nd - Foundation 2025 Orientation session 3

23rd - Djerriwarrh Festival

25th - Grade 5 Health and Human Relationships

29th - Grade 3 Bike Education

29th - Proposed date for F-2 Junior Athletics

29th - Melton Minis 2:05pm

## December

4th - Orders due for concert DVD or USB

9th - Grade 2 Celebration Day at Mick's Jump & Play

10th - Year 6 Orientation Day at Secondary Schools

11th - Grade 6 Graduation

12th - Parent Helpers Thank you Afternoon Tea

13th - Live Assembly

13th - Christmas Dress Up Day

13th - Melton Minis



Sensational Attendance

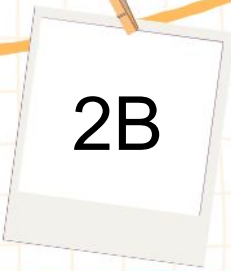
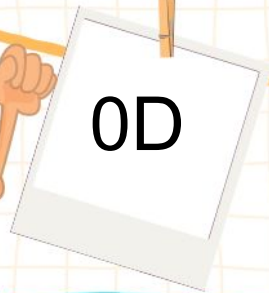
# ATTENDANCE



LAST FORTNIGHT

## CONGRATULATIONS

## TO THE FOLLOWING GRADES



### IF YOUR CHILD IS GOING TO BE AWAY

enter an absence on Compass or  
phone 9753 5335 and select 1 to leave a message

### WHEN DO ABSENCES BECOME AN ISSUE?



**SATISFACTORY**  
9 or fewer days

**WARNING SIGNS**  
10 to 17 days

**CHRONIC ABSENCE**  
18 or more days



# Foundation Buddies

The Foundation students are really enjoying the last few weeks they get to spend with their buddies!



## Reminders

- Firefighter visit  
Thursday 31st Oct
- Paramedic visit  
Thursday 7th November
- Police visit late  
November

Just remember to keep reading our aim in 35 nights this term.

# Grade 2

LOTS OF EXCITING THINGS HAPPENING  
THIS TERM!!!!!!



Werribee Zoo excursion  
When: November 8th  
Payment due: November 1st



Cyber safety & anti bullying  
incursion  
When: November 18th  
Payment due: November 14th

This year our concert will be a ticketed event.  
Tickets are FREE but must be pre-ordered.  
These will be required at the gates to access the concert.

Curriculum Day  
November 4th  
Melbourne Cup Public Holiday  
November 5th

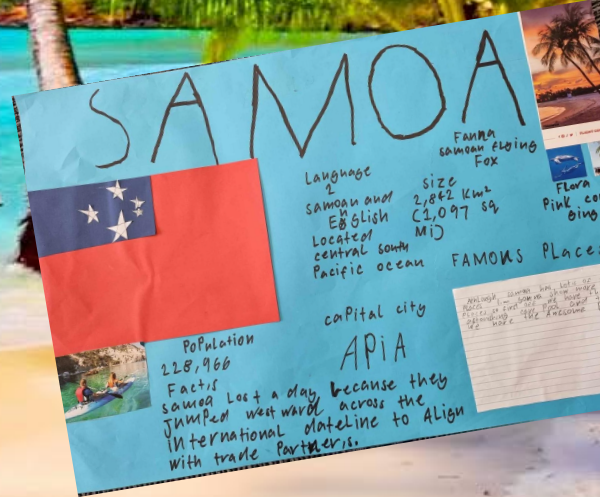
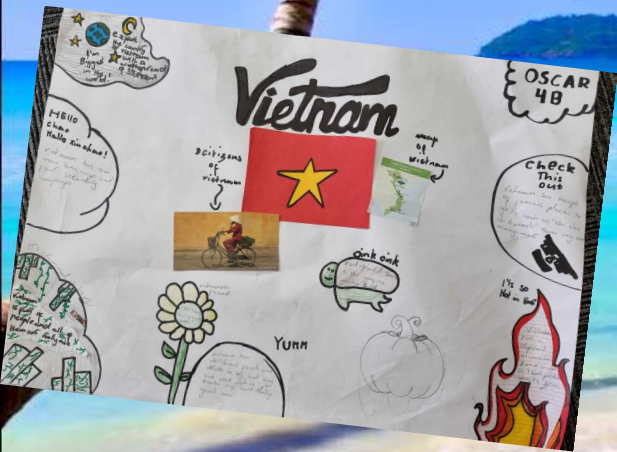
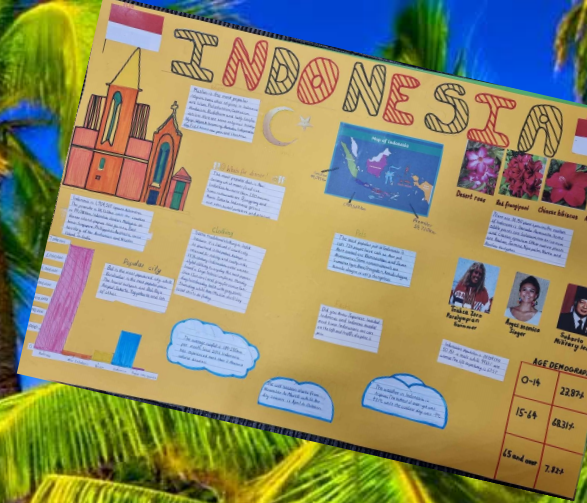
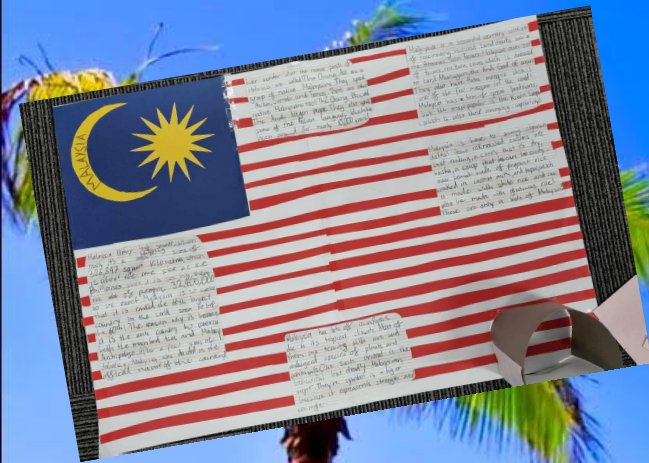
**DON'T FORGET**  
Writing competition  
closes November 1st  
Concert DVD cover  
competition November  
15th

# Grade 4

Last Wednesday, the grade 4's opened our classrooms to all parents and families for the Grade 4 Travel Expo!

As part of our Inquiry learning throughout Semester Two, the grade 4's explored Australia's neighbouring countries and were luckily enough to share our findings with our awesome community.

Thanks again to all who packed their bags and brought their passports so they could see the sights of our amazing neighbours!







## Colour

Brown

Brown looks like soft dirt

Brown sounds like a grizzly bear

Brown smells like creamy chocolate

Brown feels like rough tree bark

Brown tastes like a chocolate muffin

Brown is energetic

Maddalyn 6A

# Grade 6

Diamante

Day

Bright , sunny

Shining , playing , partying

Morning , sunlight , dusk , nightfall

Dreaming , sleeping , screaming

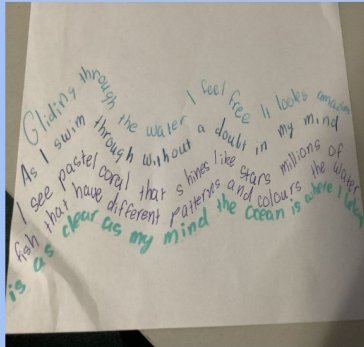
Dark , scary

Night

My cat is as sleepy as a koala.  
My cat runs as fast as a cheetah.  
My cat is as cuddly as a teddy.  
My cat hunts like an assassin.  
My cat is as stealthy as a ninja.  
My cat is as agile as a boxer.  
But to sum it up my cat is the best

## My Ocean Home

Gliding through the water I  
feel free  
It looks amazing  
As I swim through without a  
doubt in my mind  
I see pastel coral that shines  
like stars  
Millions of fish that have  
different patterns and colours  
The water is as clear as my  
mind  
The ocean is where I belong



Boxing  
Tough, rough  
Pouncing, fighting, spring  
Ring, gloves, track, shoes  
Running, jumping, leaping  
Fast, strong  
Athletics

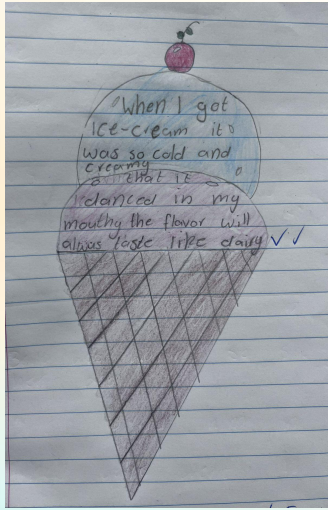
## ~Red~

Red looks like huge, crackling flames growing high,  
Red sounds like the ear-bursting crunch of an apple,  
Red smells like a hot burning cake just out of the oven,  
Red feels like the soft petals of a freshly bloomed rose,  
Red taste like thick warm liquid, pudding everywhere,



Red is determination!





Isabelle 6D

# Grade 6

Green

- Green is the sight of leaves in trees
- Green is the sound of worms in soil
- Green is the smell of freshly cut grass
- Green is the touch of leaves on a bush
- Green is the taste of freshly washed lettuce
- Green is nature



## Colour poems

Blue looks like the deep ocean,  
 Blue sounds like the birds chirping,  
 Blue smells like a light breeze under my wing,  
 Blue feels warm and comfortable,  
 Blue tastes like cold ice,  
 Blue is lonely

## FREE VERSE

I sit on the front rows  
 The concert is about to commence.  
 The conductor takes a deep breath  
 And let's them all begin.

The musicians start with perfect coronation  
 Like a symphony flowing in my ears.  
 The crowd is full of joy and awe  
 As the musicians play with profession.

Once the conductor spreads his arms,  
 The musicians all take a pause.  
 That's when they take a bow  
 And everyone claps and cheers.

Taylor 6A

## Simile poem

He is like an owl staring into my soul.

He is as crazy as a chihuahua.

He is like a dolphin, figuring out a math problem.

He is as strong as a gorilla.

He is like a sun, brightening my day.

He is as tall as the sky scraper

He is my friend

## REMINDERS:

Year 7 transition day (public schools) - 10th December

Graduation - 11th December

End of Year celebration day - 16th December

Graduation ticket information has been sent out via email.



# Auslan Art

Exciting Developments in Auslan Art!

This term, our Auslan art program has been buzzing with creativity and cultural exploration!

**Foundation students** have delved into Aboriginal Dreamtime stories, crafting 3D echidnas and boomerangs. **Grades 1 and 2** are finishing up a bird unit and have beautifully decorated paper mache birds, on display near the office.

**Grades 3 and 4** are putting the final touches on their cardboard and paper mache castles, adding decorative windows, roofs, and doors. Keep an eye out for their impressive creations outside the staffroom soon!

**Grades 5 and 6** just wrapped up a unit on Banksy and are now creating collages inspired by an Aboriginal poem, reflecting their understanding of Indigenous art and storytelling.

*Stay tuned for upcoming displays of our talented students' work!*





Hello MPS families,

Melton Primary will be holding a variety of orientation days to support the students with their transition to school, we look forward to seeing you at these sessions. Families have been allocated into either group A or group B.

Parents are not required to stay during these initial orientation times (we have all your contact details from the enrolment form) however you are welcome to assist your child during the initial transition time.

<del>Tuesday 17<sup>th</sup> of October</del> Rotational activities	9:00am- 10:00am (group A) 10:20-11:20am (group B) Meet at the shade cloth area near Library
Wednesday 6 <sup>th</sup> November Activities with current Foundation teachers.	9:00am-10:00am (group B) 10:20am-11:20am (group A) Meet at the shade cloth area near Library
Friday 22 <sup>nd</sup> of November Activities with current Foundation teachers.	9:00am-10:00am (group A) 10:20am-11:20am (group B) Meet at the shade cloth area near Library
Tuesday 10 <sup>th</sup> of December The children will meet their teacher and classmates for 2025 and undertake activities in their new classrooms.	9:00am- 10:20am (All Children) Meet at the Gymnasium <b><u>An information session will be held for parents in the school gymnasium.</u></b> This will include information regarding: <ul style="list-style-type: none"> <li>❖ 2023 timetables</li> <li>❖ Foundation information booklets</li> <li>❖ General school information</li> <li>❖ Out of School Hours care</li> </ul>

*ESutherland*

Emma Sutherland  
 Assistant Principal

We look forward to seeing our 2025 Foundation students again next week.

If you can't remember your group please contact the office.



## ***Resilience, Rights and Respectful Relationships***

Melton Primary School is a proud Respectful Relationships school.

Respectful relationships education is part of the Victorian Curriculum and delivered by all Victorian government schools. It supports students to develop the knowledge, attitudes and skills needed for respectful relationships, and helps to build respect and equality across the entire school community.

Research tells us that providing respectful relationships education at school can lead to positive impacts on students' academic outcomes, their mental health, classroom behaviour and relationships.

Our school uses the Department of Education's evidence-based teaching and learning resources to teach our students about Respectful Relationships from Foundation to Grade 6.

The Resilience, Rights and Respectful Relationships resources have 8 topics that teach students about emotional literacy, personal and cultural strengths, resilience, problem-solving, stress-management, help-seeking, gender norms and stereotypes and positive gender relations.

This term some year levels we are working on Emotional Literacy which helps students to learn how to be aware of, understand and use information about their own emotions and the emotions of others.

If you have any questions about Respectful Relationships education, you can contact our office and visit the Victorian Government's Respectful Relationships page: <https://www.vic.gov.au/respectful-relationships>

# RESILIENCE RIGHTS & RESPECTFUL RELATIONSHIPS

**Topic 1 - Emotional Literacy**

**Topic 2: Personal and Cultural Strengths**

**Topic 3: Positive Coping**

**Topic 4: Problem-solving**

**Topic 5: Stress Management**

**Topic 7: Gender norms and stereotypes**

**Topic 8 Positive gender relationships**

# We are Sun-Smart



Surf Hat - \$8



Wide Brim Hat - \$6

Melton Primary School is a Sun-Smart school. From the 1st of September all students are required to wear a school hat when outside.

Hats can be purchased from the office.



Bucket Hat - \$5



# Top tips to support kids' mental wellbeing

Don't forget that the things that can be great for your child's brain and mood is often great for yours too; ***when prescribed lifestyle interventions or meditation activities for a child, it often suggest the whole family partakes*** so that:

- a) The child isn't doing it alone,
- b) It's more likely to become routine if everyone is doing it, and
- c) Everyone yields the benefits!

When prescribed measures like physical activity for mental wellbeing; below are some of the other strategies suggested. Some things (like practising gratitude) can be incredibly simple yet powerful.

There are lots of things we can do to nurture the mental fitness and wellbeing of the children in our lives. Here are my top 4 tips.

## **1. Understand the mind / body connection**

Eat the rainbow! What we eat can impact our mood; this is true for both adults and children. Studies have shown that teenagers who consume a diet high in salt and processed foods have a higher risk of depression. Trying to bump up everyone's fruit and veg intake can yield mental health benefits (and physical ones too like reduced risk of bowel cancer, heart disease and fatty liver).



## **2. Encourage flexible thinking**

Flexible thinking can help your child deal with bumps in the road that inevitably tend to happen in life. It's about building resilience and ensuring kids are able to adapt with change. One of my favourite ways to foster flexible thinking at home is through practising gratitude. This is so that, even in the deep dark moments, finding even the smallest of things to be grateful for can provide some light. Emotional management—the ability to identify feelings, the triggers and how to deal with certain feelings when they arise is another important part of flexible thinking. We work on this heavily at home, particularly with our 3-year-old (we read about feelings and listen to songs). This ensures that when an emotion like anger, for instance, crops up we can try and modulate the feelings and act appropriately (ideally without screaming).

## **3. Introduce some regular mindfulness/meditation**

Mindfulness and meditation are things lots of children and adults can benefit from. In our home, we tend to do it together; if our 7-year-old is turning on a meditation to wind down, manage stress or bring her brain to the present we often join her. Meditation and mindfulness can really help when it comes to the mood and for kids developing the skill early can be powerful. If meditation isn't something that works for your child, informal mindfulness activities are a great way to achieve the same benefits. Smiling Mind has loads of practical resources in this space including meditation and mindfulness activities on the app and worksheets on the Smiling Generation Hub (there are mindful colouring activities, identifying feelings activities and more).

## **4. Help your child build strong relationships**

Empathy, kindness, and compassion are all critical emotional skills that develop through strong and meaningful relationships. Having a meaningful connection with others (that might be caregivers, friends, peers) is an important part of mental fitness. Helping children build strong connections with those around them is a practical way you can help with their sense of belonging and self esteem.

# **FALCON REBELS BASKETBALL PLAYERS WANTED**

**BOYS U10 BORN 2016-2017**

**BOYS U12 BORN 2014-2015**

**COME AND JOIN US FOR THE SUMMER SEASON, ALL  
NEW PLAYERS RECEIVE A FREE BALL AND TRAINING  
SINGLET.**

**MORE INFO :**

**FALCONREBELSBASKETBALL@HOTMAIL.COM**

**NO EXPERIENCE NECESSARY**

